

# Moorhead Memo

July 2002



**New Cab Interior for the High Rise and Low Rise Elevators**

## **Elevator Modernization Update**

All four inter-office rise elevators were completely modernized with new state-of-the-art controllers and ancillary equipment and have been running since November of last year (minus the new cab interiors, for now.)

For those not accustomed to using the high-rise elevators, high-rise cars 10, 11, and 12 were returned to service in April 2002. All significant mechanical & electrical components for these cars have been either upgraded or replaced and these cars are now running on a modernized system as well. The high-rise elevator cabs are sporting new Car Operating Stations with a digital annunciator and a voice system. The only remaining work left for these cabs are the interior finishes, with that work scheduled to begin in July 2002 when the system modernization for the remaining high rise elevators, cars 7, 8, and 9, is completed.

Our contractor is currently working on the system modernization of the remaining high-rise elevators, cars 7, 8, and 9. These cars are scheduled for testing shortly and should be back in service by July 2002. When returned to service, high-rise elevators 7, 8 and 9 will provide you with your first set of modernized elevators complete with new cab interiors. We are currently tweaking and fine-tuning the interior cab finishes and know you'll be very pleased with the end result.

Once cars 7, 8, and 9 have been returned to service, our contractor will be temporarily removing cars 10, 11, and 12 from public service to upgrade them with the new cab interior finishes. This work is expected to last approximately a week to 10 days. By August 2002, you should be able to fully enjoy all high-rise elevators (cars 7, 8, 9, 10, 11 and 12) running under new systems with new cab interiors!

If you have any questions or concerns regarding the elevator modernization, please do not hesitate to contact GSA Project Manager Keith Sim at 215-656-5779.

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### **Free Space Available!**

Are you a representative of a Federal agency in Pittsburgh? Do you have an event or program that you would like to bring to the attention of the Federal community? Perhaps GSA can help by publishing your item in the Moorhead Memo! Please contact Larry Ridgway with GSA at (412) 395-4300 for further information.



## **Design Work Progresses on Moorhead Modernization Project**

GSA and the design firm of Einhorn, Yaffee & Prescott (EYP) have been busy planning the upcoming modernization of the Moorhead building. The design for the upper half of the building, phases 1-3 of the project, is 30 percent complete. We will start the design for the lower half of the building, phases 4 and 5, in 2003. We are currently anticipating start of construction in summer of 2003. The tenant meeting tentatively scheduled for June 18th has been temporarily postponed. A value engineering session was held in early June, and temporarily postponing the tenant meeting will allow GSA time to more closely examine construction cost estimates and be better prepared to discuss tenant occupancy agreements in the near future. The GSA team plans to meet with Moorhead tenant agency representatives later this summer to discuss build-out of their individual space.

We appreciate the cooperation we've experienced during the design phase of this project, and remain committed to updating you as the project progresses. Please feel free to call GSA Project Manager Mike Ryer at 215-656-5769 with any questions you may have regarding this project.

## **Moorhead Lobby Renovation Recognized With International Interior Design Association Award**

On April 18<sup>th</sup>, the recently renovated lobby at the William S. Moorhead Federal Building captured a Silver Award from the Washington Metro Chapter of the International Interior Design Association for interior architectural design of a local/state/federal government building. The lobby renovation, completed in September 2000, was accomplished in connection with the General Services Administration (GSA) First Impressions Program, an effort aimed at enhancing the public's perception of the federal government by improving the appearance and efficiency of GSA buildings. The lobby renovation at the Moorhead Building transformed the image of the space through eliminating clutter in the lobby, consolidating services, streamlining security, and unifying building signage.

## **Federal Occupation Health**

*A New Nurse Coordinator on Staff*



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There is a new face at our Health Unit. Mrs. Becky Buckley is our new Nurse Coordinator. Becky has been a FOH nurse for one year and came here from Columbia, South Carolina. She received her degree in nursing from Orangeburg Calhoun Technical College in Orangeburg, South Carolina. She and her husband, John, and their son Jonathan are residing in the North Hills. John is here pursuing his Masters Degree at the University of Pittsburgh. Becky looks forward to new relationships with the federal community. As always, walk-ins are welcome anytime. Health Unit hours are 7:30-4:00. Telephone 412-395-5486.

Cathy Baker, GSA

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**SERVICE CALLS ? ? ?**

**Call GSA @ (412) 395-4300**



The week of July 8-12 we will be providing surveys on our cafeteria. We are looking for your input to help us provide the services you want and changes you would like to see. Please return your survey to either the Sodexo staff, or you can drop it off at the GSA office in 1301. This is your opportunity to have your voices heard!

Cathy Baker  
Contract Specialist x 5498



## CRAVINGS

Watching your weight? What about those cravings? Before you indulge, first make sure it's really a craving and not just plain hunger. People sometimes don't realize they're physically hungry. If it's truly hunger, eating something reasonable such as a piece of fruit rather than a piece of candy may do the trick.

Another alternative is to leave the scene of the craving. Move to another setting and try to occupy yourself with other things that don't involve food.

And if the craving just won't go away, then try to satisfy it sensibly. For example if you have a salty craving it's better to buy a small bag of salt-and-vinegar chips than to buy a big bag and keep it around the house. Trying a less potent alternative can be another way to go, like a low-fat chocolate milk or a frozen fudge pop rather than a slab of fudge.

Doug Baker, GSA



## Become aware of the Moorhead Building security requirements

<b>Building Hours</b>	<b>Monday – Friday 6AM – 6PM</b>
<b>Available Entrances/Exits</b>	<b>Liberty Street Main Doors:</b> <b>Doors are locked at 6PM and monitored by guard service 24hours.</b> This is an employee and visitor entrance and exit. Everyone required to show identification. <b>Government employees required to show Government I.D. to security guards for access after hours. Visitors are not allowed in after hours unless escorted by government employee, or unless prior arrangements with guards have been made. Everyone must sign in after hours.</b> <b>Grant St. – Exit Only.</b> Permanently locked from the outside. Access card reader has been disabled. <b>Garage – Vehicle Entrance/Exit Only –</b> All vehicles subject to random inspection. Monitored 24 hours; all drivers required to show identification. <b>Penn Way – Emergency exit only.</b> Access card reader has been disabled
<b>Screening Requirements</b>	<b>Employees and Visitors –</b> Must show identification and pass through security screening procedures (x-ray and Magnetometer) <b>Visitors –</b> Must pass through security screening procedures (x-ray and Magnetometer) Picture ID will be requested <b>Deliveries – ALL deliveries will be required to pass through x-ray inspection or physical inspection at the loading dock. Agencies are notified to pick up deliveries at the loading dock if they won't fit through x-ray machine.</b>
<b>Security Guards</b>	<b>Guards are on duty 24 hours</b>
<b>Building Activities For June</b>	CSI will be performing electrical work on the interior lighting to the building.
<b>Building Security Modifications.</b>	<b>Air Intake areas around plaza area have been sealed and covered. Exterior door handles have been removed on doors no longer being used as entrances. Also, additional cameras have been installed around exterior of the building. All access card readers, except for the garage, have been disabled.</b>
<b>Disabled Employee Information</b>	<b>Handicapped entrance/exit to the building is located off Liberty St.</b>

